

What is Black History Month?

Black History Month is an annual time to honor the achievements and history of Black people while acknowledging the progress toward equality that has yet to be made. As a result, this is the perfect time to demonstrate your company's commitment to diversity, equity, and inclusion.

Whether you choose a fun team-building activity, a thought-provoking dialogue, or a hands-on social justice project, Black History Month can be a time of connection and learning for your team.

When is Black History Month 2022?

Black History Month will take place in February 2022 in the United States and Canada. Additionally, some people in Ireland and the United Kingdom honor Black History Month during October.

What is the theme of Black History Month 2022?

Black History Month 2022 focuses on Black Health and Wellness. While this is an opportunity to celebrate iconic doctors and physicians, the theme also acknowledges other wellness practitioners across the African diaspora, such as midwives and herbalists. It is also a year to recognize inequities surrounding healthcare in Black communities, especially with the disproportionate effect of COVID-19.

Where is Black History Month observed?

Black History Month has been officially recognized by the governments of the United States and Canada for the month of February. Additionally, Black History Month has been recently observed in October by people in Ireland as well as the United Kingdom.

When Did Black History Month Begin?

Black History Month officially began in 1976, when President Gerald Ford recognized the occasion during the celebration of the U.S. Bicentennial. However, the movement to honor Black History Month began much earlier.

In fact, the precursor to Black History Month began in 1926 and was called “Negro History Week,” held during the second week of February. This week was declared by historian Carter G. Woodson and the Association for the Study of Negro Life and History. Celebrating it in February was a nod to both Abraham Lincoln (whose was born on February 12) and Frederick Douglass (who was born on February 14). Negro History Week became more popular during the following decades, and Black History Month officially began in 1976.

Who started Black History Month?

Black educators and the Black United Students at Kent State University proposed the idea of Black History Month in February 1969. Before long, the idea took hold on college campuses and community centers.

When President Ford proclaimed Black History Month in 1976, he urged Americans to “seize the opportunity to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history.”

Source: [Unexpected Virtual Tours website](#)